
Biography

Contact: Melanie Dobson
(719) 282-3822



THOMAS NELSON
PUBLISHERS
Since 1798

Dr. Kevin Leman Personal Profile

An internationally-known psychologist, author, radio and television personality, and speaker, Dr. Kevin Leman has taught and entertained audiences worldwide with his wit and common sense psychology.

The author of the new book, “Making Sense of the Men in Your Life” (Thomas Nelson Publishers), Dr. Leman is honest and insightful as he helps women understand the men in their lives. He writes:

“Ladies, with all due apologies, I think I’m speaking for a lot of your husbands, sons, and fathers when I say I’m drawing the line. I won’t apologize for thinking that sex and football are two of God’s and man’s greatest inventions (respectively). I’m sick of getting in touch with my ‘feminine self.’ I like the masculine part just fine, thank you very much. I’m sorry if my comments offend you, but I know that a growing cadre of men are fed up trying to be something they’re not.”

The bestselling ‘relationship doctor’ has made house calls for numerous radio and television programs including Oprah, CBS’ The Early Show, Live with Regis Philbin, Today, and The View with Barbara Walters. Dr. Leman also has served as a consulting family psychologist to Good Morning America.

Dr. Leman is the co-founder of realFAMILIES.com—the television show. Dr. Leman is also the founder and president of “Couples of Promise,” an organization designed and committed to helping couples remain happily married.

Dr. Leman’s 21 titles including the following bestsellers:

- The New Birth Order Book
- Making Children Mind Without Losing Yours
- Bringing Up Kids Without Tearing Them Down
- Sex Begins In the Kitchen
- Keeping Your Family Together When the World is Falling Apart
- Women Who Try Too Hard
- When Your Best Is Not Good Enough
- Winning the Rat Race Without Becoming A Rat
- Becoming A Couple of Promise
- What A Difference A Daddy Makes

Dr. Leman’s professional affiliations include the American Psychological Association, American Federation of Radio and Television Artists, National Register of Health Services Providers in Psychology, and the North American Society of Adlerian Psychology.

Dr. Leman attended North Park College. He received his bachelor’s degree in psychology from the University of Arizona, where he later earned his master’s and doctorate degrees. Originally from Williamsville, N.Y., he and his wife, Sande, now live in Tucson, Ariz. with their five children.